Family Favorites

Meal Planning

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| Breakfast | Lunch |
| Eggs on toastScrambled eggs and baconCerealBars and fruitMuffinsMonkey BreadEgg casserolePancakes/waffles | Bbq sandwiches or baked potatoesHomemade lunchablesPB and Nutella sand., crackers, fruitNachosChicken nuggets, crackers, carrots and broccoli w/hummusFroz. Pizza or homemade pizzaHot dogs, chips, yougurt |
| Dinner |  |
| Fettucine alfredo, saladSalmon, roasted veggies, riceChicken, bkd potatoes, veggiesFrench bread pizzasRoasted sausage & veggies and riceChicken/mushroom dish, rice and veggiesLemon pork chops, cubed potatoes, roasted veggiesLo mein noodles, chicken and wontonsTaco spaghettiChicken spaghetti and saladSpaghetti and Meatballs, saladBraised Chix, carrots and potatoesRoast, potatoes and carrotsCrockpot TacosLemon/Herb roasted whole chix, asparagus/salad, potatoes | Stuffed peppersHamburgers, homemade fries, carrots/broccoli w. hummusCreamy Chicken Soup, breadBurrito bowls |